

Annual Gender Sensitization Action Plan (2023-2024) :

| Sr. No. | Date | Activity/Workshop/Event | Target Participants | Outcomes |
|---------|--------------------|--|---------------------|---|
| 1 | April 20, 2023 | Awareness Program on Human Rights and Gender Equity | Students & Staff | Educated participants on human rights and the importance of gender equity in society. |
| 2 | August 8, 2023 | Career Guidance and Personal Counseling Session | Students & Staff | Provided insights into career opportunities and personal growth strategies. |
| 3 | August 22, 2023 | Workshop on Women's Stress Management and Anti-Ragging/Sexual Harassment Norms | Students & Staff | Discussed anti-ragging policies and strategies for managing stress effectively. |
| 4 | September 16, 2023 | Seminar on Meditation and Stress Management | Students & Staff | Provided strategies to manage stress effectively through meditation. |
| 5 | January 12, 2024 | Skill Development Workshop | Students & Staff | Focused on developing essential skills for career and personal growth. |
| 6 | January 18, 2024 | Self-Defense Training Workshop under Nirbhay Kanya Abhiyan | Students & Staff | Conducted an interactive session on protecting oneself from abusive situations. |

Conclusion

The Gender Equity Cell has made significant efforts to ensure gender sensitization and empower individuals through its well-planned activities in the academic year 2023-2024. By fostering a safe and respectful campus culture, the Cell continues to promote gender equality and empower all members of the institution to work towards a more inclusive future.

